

## Personal, Social and Emotional Development ideas for home



**You can support making relationships by:**

Making dens from sheets and blankets that I can play in with you or with my friends.

The Rainbow Fish

A story to share about friendships

**You can support my self-confidence and self-awareness by:**

Making a box with different things in it, like glue and different types of paper, that I can choose from when I am making a picture or a model.

Encouraging risk taking in play

**You can support me to manage my feelings and behaviour by:**

Talking to me about the order I need to do things in like brushing my teeth or getting ready for bed.

Owl Babies

Share stories that talk about feelings and how best to manage them.

