

Curriculum Map Key Stage 1

	Autumn Term 1 st half	Autumn Term 2 nd half	Spring Term 1 st half	Spring Term 2 nd half	Summer Term 1 st half	Summer Term 2 nd half
YEAR 1 *Include swimming or/and	Athletics Real PE or Multi Skills	Dance or OAA Real PE or Multi	Games Sending and receiving	<u>Gymnastics</u>	Games Throwing towards a target	Games Net games using a racket
other activities where appropriate	Unit one - Personal	Skills Unit two – Social	Real PE or Multi Skill Unit three – Cognitive	Real PE or Multi Skills Unit four – Creative	Real PE or Multi Skills Unit Five – Physical	Real PE or Multi Skills Unit six — Health & Fitness
YEAR 2 *Include swimming or/and other activities	Dance or OAA Real PE or Multi Skill	Athletics Real PE or Multi Skill Unit two – Social	Games Dribbling using feet Real PE or Multi	Gymnastics Real PE or Multi Skills	Games Attack vs Defence Real PE or Multi Skill	Games Net games using hands
where appropriate	Unit one - Personal		Skills Unit three- Cognitive	Unit four-Creative	Unit five- Physical	Real PE or Multi Skills Unit six-Health & Fitness