

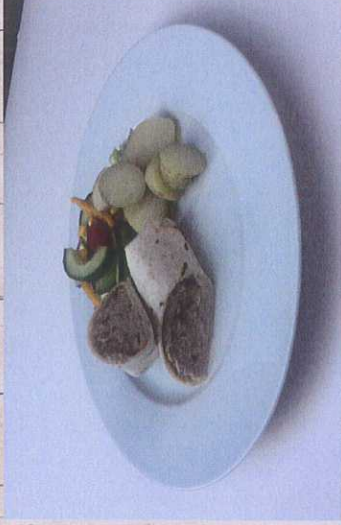
Spinach & Lentil
Dahl with Rice



Fresh Fruit Platter



Tuna Mayonnaise
Wrap



Broccoli



Il Pollo Pasta



Sweetcorn



WEEK ONE:
MONDAY

**Chickpea & Mixed
Vegetable Spicy Rice**



Fresh Fruit Platter



**Roast Vegetable
Calzone**



Cauliflower



**Beef Hotpot with
Garlic Bread**



Peas

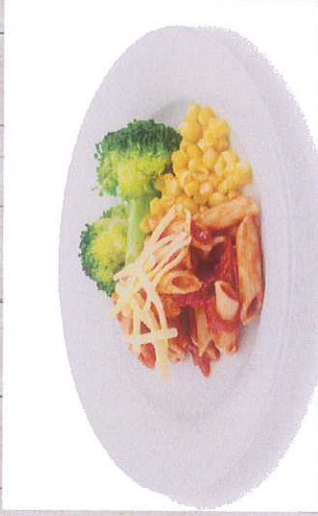


**WEEK ONE:
TUESDAY**

**Roast Chicken Breast
with Roast Potatoes
& Gravy**



**Cheese & Tomato
Pasta Bake**



**Roasted Vegetarian
Strips with Gravy roast
Potatoes**



Carrots



Green Beans



Fresh Fruit Platter



**WEEK ONE:
WEDNESDAY**

**Jacket Potato with
Vegetable Chilli**



Fresh Fruit Platter



Margherita Pizza



Sweetcorn



Meat Feast Pizza



**Roasted
Mediterranean
Vegetables**



**WEEK ONE:
THURSDAY**

**Fish Fingers
with chips**



**Cheese & Broccoli
Quiche with Chips**



Mexican Rice Wrap



Peas



Baked Beans



**WEEK ONE:
FRIDAY**

Fresh Fruit Platter



**Honey & Ginger
Vegetable Strips stir
Fry with Noodles**



Quorn Paella



**Jacket Potato with
Ratatouille**



Carrots



Vegetable Medley



Fresh Fruit Platter



**WEEK TWO:
MONDAY**

**Vegetarian Chicken
Style Piri Piri Strips
Wrap**



Fresh Fruit Platter



Vegetable Lasagne



Cauliflower



**WEEK TWO:
TUESDAY**

**Kheema Beef Curry
with Rice**



Green Beans



**Roast Turkey with
Gravy and roast
potatoes**



Macaroni Cheese



**Butterbean and
Vegetable Pattie and
roast potatoes**



Carrots



Green Cabbage



Fresh Fruit Platter



**WEEK TWO:
WEDNESDAY**

Chickpea and Mixed
Vegetable Balti with
Wholegrain Rice



Fresh Fruit Platter



Roasted Vegetable
Pizza



Broccoli



WEEK TWO:
THURSDAY

Thai Red Chicken
Curry with Rice



Sweetcorn



**Mixed Vegetable &
Butter Bean Ragu
with New Potatoes**



Fresh Fruit Platter



**Quorn Frankfurter
Hot Dog with chips**



Baked Beans



**Battered Pollock &
chips with Home
made Tartare Sauce**



Peas



**WEEK TWO:
FRIDAY**

**Beef Spaghetti
Bolognese**



**Mozzarella &
Tomato Puff Squares
with Boiled Potatoes**



**Butterbean &
Vegetable Tagine
with Couscous**



Carrots



Green Beans



Fresh Fruit Platter



**WEEK THREE:
MONDAY**

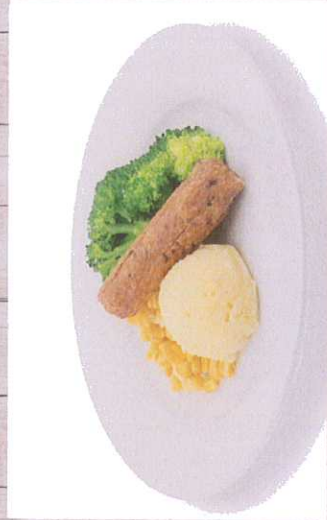
**Jacket Potato with
Vegetable & Lentil
Bolognese**



Fresh Fruit Platter



**Quorn Sausage &
Gravy with mashed
Potato**



Cauliflower



**Chicken Sausage &
Gravy with mashed
Potato**



Green Cabbage



**WEEK THREE:
TUESDAY**

**Roast Beef with
Gravy and roast
potatoes**



**Quorn Roast with
Gravy and roast
potatoes**



**Goan Vegetable
Curry with Rice**



Carrots



Broccoli



Fresh Fruit Platter



**WEEK THREE:
WEDNESDAY**

**Jerk Chicken & Rice
Burrito**



Sweetcorn



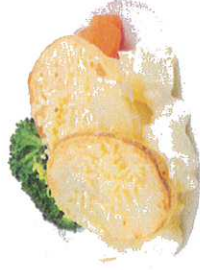
**Red Onion &
Sweetcorn Pizza**



**Roasted
Mediterranean
Vegetables**



Vegetable Hot Pot



Fresh Fruit Platter



**WEEK THREE:
THURSDAY**

**Breaded Pollock
with chips**



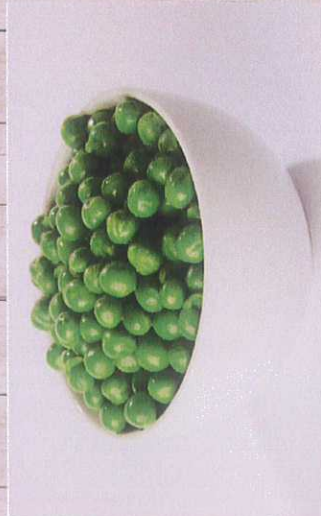
**Spicy Bean Burger in
a Bun with chips**



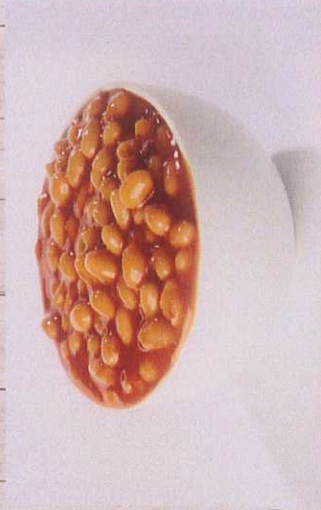
**Jacket Potato &
Salmon Mayonnaise**



Peas



Baked Beans



Fresh Fruit Platter



**WEEK THREE:
FRIDAY**