

#### Friday 11<sup>th</sup> February 2022

#### Important dates for your diary

Spring 2		Summer 1	
21.02.22	Children return to school	19.04.22	INSET day
21.03.22 (9:10am)	RSP reading workshop	20.04.22	Children return to school
24.03.22	Early Years Celebration Day	02.05.22	Bank holiday - school closed
25.03.22 (9:10am)	RCC reading workshop	05.05.22	Polling day - school closed
29.03.22 (9:10am)	1CM reading workshop	26.05.22	Last day of term
30.03.22 (9:10am)	1AJ reading workshop	27.05.22	Jubilee day - school closed
01.04.22	Last day of term	30.05.22-03.06.22	Half-term
04.04.22-18.04.22	Full-term	06.06.22	Children return to school

#### **Celebrations**

Class	Star of the Week	Writer of the Week	Mathematician of the Week	Reader of the Week
RCC	Harper	Suhail	Jaren	Fatima
RSP	Elyes	Honey	Shahid	Madlen

Class	Star of the Week	Writer of the Week	Mathematician of the Week	Presenter of the Week
1CM	Yussef	Mikey	Kamron	Shelijah
1AJ	Raymand	Abib	lsa	Elise
2PH	Frankie	Shakib	Zaynah	Kaelan
3MK	Lillie	Javel	Kaycee	Manuella
3CS	Ethan-Miles	Cinar	Inti	Hawa
4JA	Yalda	Lysander	Gabriella	Lucretia
4MV	Taqwa	Imaan	Annabel	Ariella
5JG	Asim	Nahla	Leah	Yacine
5BH	Leyla	Ainhara	Joanna	Benite
6JA	Salma	Domenica	Duan	Hazel
6JB	Aisha	Теуо	Fatima	Aminah

This week's gem winners are	Diamonds
This week's treasure chest winners are	1CM and 5JG



#### Latest News

#### <u>Tutorial Day</u>

Thank you to everyone who attended our Tutorial Day - a positive home-school partnership is essential in ensuring that children achieve their highest standard. If you were unable to make an appointment on the day, please contact the school office to arrange a phone conversation with your child's class teacher.

#### <u>Half-term</u>

We look forward to welcoming the children back to Keyworth on Monday 21st February.

#### School Council applications (KS2)

We are looking to elect our new School Council Representatives next half-term. All children in KS2 can apply for the role with a class vote determining the elected nominee (1 child per class). Should your child/ren wish to apply, they will need to complete the application form attached to this newsletter email and return it to their class teacher by **Tuesday 22<sup>nd</sup> February**.

#### Dates for your diary - rescheduled reading workshops and Early Years Celebration Day

- > Monday 21<sup>st</sup> March at 9:10am RSP reading workshop
- > Thursday 24<sup>th</sup> March at 9:05am Little Stars, Nursery and Reception Reading Celebration Day
- > Friday 25<sup>th</sup> March at 9:10am RCC reading workshop
- > Tuesday 29<sup>th</sup> March at 9:10am 1CM reading workshop
- > Wednesday 30<sup>th</sup> March at 9:10am 1AJ reading workshop

#### **Goodbyes**

Today we said goodbye to Teaching Assistant Yasmin Wallace, who is leaving us after nearly 5 years to become a Pastoral Manager in a secondary school. Teaching Assistant Olivia Fowler will also be leaving us during the first week back after the half-term for a change of career. I would like to wish them every success in the future and to thank them for their efforts throughout their time here at Keyworth.

#### Food vouchers

Southwark remains committed to supporting its disadvantaged pupils during the 2022 February half-term and will do this by using part of the *Household Support Grant* to fund meals for those pupils who are eligible to receive benefits-related free school meals. Therefore, you will receive food vouchers if your child/ren are entitled to benefits-related free school meals.

#### NSPCC Number Day

Thank you to everyone who donated - £78.86 will be going to the NSPCC.

#### Children's Mental Health Week - message from Xavia, our Play Therapist

This week is Children's Mental Health Week, which is run by the charity Place2Be and focuses on the importance of promoting good mental health and wellbeing for children and young people. The theme is 'Growing Together'.

Human beings change and grow - we do it all the time and in many different ways. Physical growth is easy to see as we grow from babies to children, teenagers to adults. But growing emotionally is also an important part of our development.



As parents or carers, you are an important role model for your child. Your child does not need you to be perfect - in fact seeing

you make some mistakes can be really useful! What is important is that you are able to show them that you - and they - can continue to develop and grow even when things are hard. In fact, sometimes, this is when we learn and grow the most.

A few ways you could support your child/ren's emotional growth:

- Talk to them about when they were younger. Recall stories that highlight how your child has developed and changed over the years. For example, how you enjoyed teaching them to learn to ride a bike. Or how proud you were when they took part in a school assembly, even though they were nervous;
- Notice when your child has developed or grown. You might have looked at old photos together. It is important to also recognise and praise emotional growth. This could be letting them know how proud you are when they have learned to walk away rather than fight with a sibling, or how they have learned to ask others to play when they used to be too shy to do so.
- Encourage your child to try new things. This could be new foods, a new activity or a new experience. Praise their willingness to 'give things a go' rather than whether they were 'good' at it.
- Listen to your child's hopes and dreams for the future. Encourage your child to see that everything they are doing right now is a tiny step towards who they might want to become in the future.
- Support your child to learn from tough situations. It can be really hard when your child is not getting on with friends, or is disappointed with how something has worked out. Acknowledge the difficult feelings, but help your child to see that these situations help us to grow and develop so that we are better able to cope with life's ups and downs.

There's a video here with an art activity that's linked to the theme of 'Growing Together', you'll just need a pen or pencil and a piece of paper - www.youtube.com/watch?v=zZ7oMeEE8NM.

Visit <u>www.parentingsmart.place2be.org.uk</u> for practical parenting advice from mental health experts to support your child's wellbeing and behaviour.

For information specific to mental health <u>www.youngminds.org.uk/parent/</u> have a parent helpline and web chat.

If you're worried about your child/ren's mental health then please get in touch with your GP or call CAMHS crisis line Monday-Friday 5pm-10pm, Weekends 9am-9pm on 0203 228 5980.

#### Children's Mental Health Week

Children in year 4 have been identifying who they can talk to should they have a problem or if they needed support.



Children in year 3 came up with personal goals to help them grow emotionally and reach for the stars!



#### <u>Year 4 ukulele lessons</u>

Our year 4 children have been busy with their ukulele lessons, preparing for their performance in April!



#### Department for Health campaign

This week, we were contacted by the *Department for Health* who requested that we share with our families their campaign to encourage children to eat more healthily. Below you will find details of some lesson-type resources as well as some tools of support:

https://campaignresources.phe.gov.uk/schools/topics/healthy-eating/overview

#### Girls football

At the end of this newsletter you will find a poster containing details of a local weekly girls football event.

#### Charlton Football Club

Charlton Football Club donated 24 tickets to Keyworth for a couple of their upcoming home games. Congratulations to the families who quickly responded to our email offer and were able to receive 2 pairs of tickets to a home Charlton game. We hope that you have an amazing time and please send us any pictures of you/your family at the match!

#### Half-term holiday club

At the end of this newsletter you will find a poster advertising local half-term holiday clubs. On the Wednesday, there will be a circus skills show. Use the contact on the poster for further information.

#### Support for families - Parent/Carer support group

Being a Parent - Enjoying Family Life is a new peer-led parenting programme developed by parents, practitioners and researchers from South London and Maudsley's Empowering Parents Empowering Communities (EPEC) Team and King's College London. The group is for parents and caregivers who experience:

- Significant relationship difficulties e.g. feeling isolated, struggle to trust, find relationships hard;
- Have longstanding difficulties in managing strong emotions, frequently lose their temper or struggle to switch off, and
- > have at least one child aged 2-11 years who's behaviour they are concerned about.

Being a Parent - Enjoying Family Life is peer-led by parents for parents. The group aims to support parents and caregivers to learn positive parenting strategies, strengthen warm family

relationships, improve their ability to manage the emotional demands of parenting and build support networks within their local community.

For more information about the groups aims, contact <u>ellie.baker@kcl.ac.uk</u> and/or look at the website below for further information:

https://bap-efl.squarespace.com/

#### Word of the Week

This week's *Word of the Week* is **rebellious**. Please discuss its meaning with your child/ren and encourage them to share what they have learned with their teachers in school to receive gems. Do they know the origin? Can they use the word correctly in a sentence? Can they identify and explain the meaning of alternative forms e.g., **rebel/rebelliously**? Can they identify any synonyms or antonyms?

Please find below previous words that we have used in school:

Previous	euphoric, disclosed, premature, alleviate, gullible, bamboozle, elite, corrupt,
words	vigour, penultimate, rebuff, contemplate, euphoria, malleable, temporarily,
	nausea, vulnerable, isolated, determined, precarious

I would like to wish you an enjoyable half-term!

Ray Capper Head of School

The perfect way for girls aged 5-11 to get involved with football

TIME AND DATE

Every Tuesday from 22nd February (16:00 - 17:00) FREE TO ATTEND

LOCATION
Marlborough Sports Gardens, 27 Union St, London SE1 ISD

NEXT STEPS
Head to thefa.com/WeetabixWildcats to book on to a session,
or for more info contact us via: joe@lpessn.org.uk

joe@lpessn.org.uk

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# SPRING HOLIDAY CLUB

# 15th & 16th FEBRUARY

# ACTIVITIES

### Art & Craft

- Music
- Drama
- Fitness
- Story Telling
- Board Games

### **Our Centres**

- St Giles & St Giles SEND, Camberwell College of Arts Foundation - Modular Building 1 Wilson Road, SE5 8LU
- Dawson's Heights Estate ladlands, Overhill Road, SE22 0PW
- Amott Road Baptist Church, Amott Road, London, SE15 4HU,
- The Clubroom, Samuel Lewis Trust Estate, Warner Road, London SE5 9NE
- St Paul's Church Hall. Lorrimore Square, Lorrimore Road, London, SE17 3QU
- Christ Church Old Kent Road,, London SE15 1JF.
- Teens @ Camberwell College of Arts Foundation -Modular Building 1 Wilson Road, SE5 8LU
- St Georges C of E primary school, Coleman road SE5 7TF

## Funded By Kitchen Social red directo est and de Southwark.gov.uk

### **Book your place @**

holidayclub@springcommunityhub.org.uk

or 07988138997