

Keyworth Primary School Newsletter



Part of The Gem Federation

www.thegemfederation.co.uk

Address: Faunce Street, London, SE17 3TR

Email: office@keyworth.southwark.sch.uk

Telephone: 020 7 735 1701

Executive Headteacher: Sarah Beard

Head of School: Ray Capper

Friday 4th February 2022

Important dates for your diary

Spring 1		Spring 2	
04.01.22	INSET day	21.02.22	Children return to school
05.01.22	Children return to school	24.03.22	Early Years Celebration Day TBC
27.01.22	Reception vision screening	01.04.22	Last day of term
07.02.22	Tutorial day (school closed to children)	04.04.22-18.04.22	Full-term
11.02.22	Last day of term	19.04.22	INSET day
14.02.22-18.02.22	Half-term	20.04.22	Children return to school

Celebrations

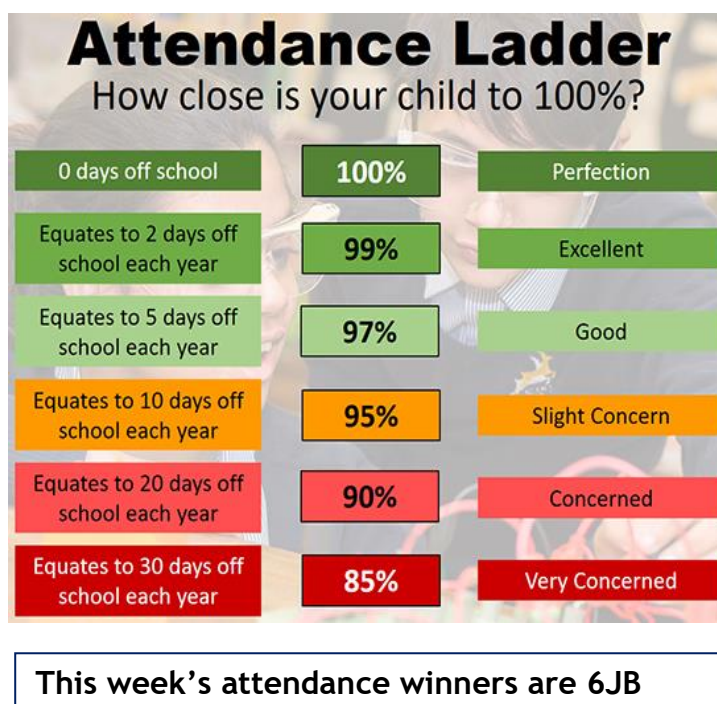
Class	Star of the Week	Writer of the Week	Mathematician of the Week	Reader of the Week
RCC	Diana	Zanetor	Sebastian	Yasmina
RSP	Carolina	Eden	Yaqub	Alice

Class	Star of the Week	Writer of the Week	Mathematician of the Week	Presenter of the Week
1CM	Alayna	Mawaddah	Malik	Kallum
1AJ	Khadijah	Yasir	Jeremiah	Naila
2PH	Tawiah	Gibril	Sumayah	Jade
3MK	All of 3MK	Omobolaji	Kaycee	Alev
3CS	Adrian	Sheray	Hawa	Valentina
4JA	Albie	Annabel	Oliver	Conor
4MV	Brianna	Aiden	Glenn	Oliver
5JG	Kiahya-Rae	Sam	Payshenz	Sophia
5BH	Jeremiah	Seham	Rachel	Zach
6JA	Zada	Harrison	Nicolas	Kajus
6JB	Harvey	Emelia	Zoe	Lexie

This week's gem winners are....	Emeralds
This week's treasure chest winners are...	1CM, 2PH and 5BH

Attendance

Class	Attendance
RSP	93.72%
RCC	96.02%
1CM	96.62%
1AJ	89.05%
2PH	79.14%
3MK	89.01%
3CS	93.43%
4JA	89.5%
4MV	91.41%
5JG	90.28%
5BH	95.39%
6JA	94.07%
6JB	98.05%
Whole school	90.39%
School target	96%



Latest News

Tutorial Day

A final reminder that **Keyworth will be closed to children on Monday 7th February** due to our Tutorial Day. Children will return to school on **Tuesday 8th February**. When attending your Tutorial Day appointment/s, you will be able to access the school via Doddington and Gaza gates.

Half-term

The final day of this half-term will be **Friday 11th February**, finishing at our normal time. Children should return to Keyworth on **Monday 21st February**.

Attendance letters

As you will be aware, children's regular attendance to school is really important in their future success. Schools have a duty to communicate with parents/carers details of their child/ren's attendance and then act should a child be persistently absent from school (below 90% attendance). Attendance letters are a way that Keyworth communicates with parents/carers to inform them that their child/ren is/are persistently absent and is the first stage of our school persistent absence process. We will be sending out letters soon with a view that we work together to ensure that all children come to school regularly - please note that Covid absence is not included in a child's overall attendance to school.

Children's survey

Children in Keyworth from years 1 to 6 have recently completed a survey about school. I am pleased to say that the feedback from the children was extremely positive!

"Between 92% and 100% of participants said that they like or loved school (year group percentages)."

"95% said that they enjoy learning at school."

"Between 80% and 90% of children said they could tell an adult at school and/or home if they had a worry or problem".

One area that was concerning was in relation to children's sleep with *between 27% and 34% of children reporting sleep difficulties*. Xavia, our Play Therapist, has provided the following information for your reference.

Sleep is really important for growth and learning, so we wanted to share some tips and information on improving sleep. The best time to put your child to bed is when they are getting tired, rather than when they have fallen asleep somewhere else, as this helps them to learn to go to sleep themselves when they get into bed.

Helping your child sleep

Doing the same relaxing things in the same order at the same time each night will help to promote good sleep.

Some ideas are:

- A warm (not hot) bath will help your child's muscles to relax;
- Keeping the lights dim encourages your child's body to produce the sleep hormone melatonin;
- Once in bed, read together or encourage your child to read or listen to some relaxing music;
- Some children find it easier to relax with a nightlight, but make sure that this is not too bright;
- You could also try this [relaxion video](https://www.youtube.com/watch?v=neqwDPmn6yY) before they go to bed - www.youtube.com/watch?v=neqwDPmn6yY
- Or play a [sleep sounds video](https://www.youtube.com/watch?v=a7PI-fINlyc) to help them to relax - www.youtube.com/watch?v=a7PI-fINlyc

How many hours sleep does your child need?

- Children aged 3 to 5 are recommended to sleep for 11 to 13 hours per day.
- Children aged 5 to 9 are recommended to sleep for 10 to 11 hours per day.
- Children aged 10 to 14 are recommended to sleep for 9 to 9.75 hours per day.
- Children aged 15 to 17 are recommended to sleep for 8.5 to 8.75 hours per day.
- Adults are recommended to sleep for 7 to 9 hours per day.

(Information from National Sleep Foundation and NHS Choices)

If your child is having trouble sleeping over a prolonged period of time, please get in touch with your GP so that they can support you with this.

There's more information on the importance of sleep and things that can help here - www.sleepfoundation.org/children-and-sleep.

IntoUniversity

At the end of this newsletter, you will find details of an IntoUniversity well-being focus day during the half-term for children in years 3 to 5. For your child/ren to attend, you will need to meet the following criteria and complete the form below.

Primary Criteria - A young person who meets one or more of the following:

1. A young person who has been eligible for Free School Meals in the last 6 years (excluding UFSM).
2. A young person from a low socio-economic background (household income £25,000 or less).
3. A young person who is Care Experienced.
4. A young person living in social housing (i.e. his/her main carer lives in local authority owned housing or receives housing benefit or local housing allowance).

<https://docs.google.com/forms/d/e/1FAIpQLSdtdlP1rATXiAFSTwL1kxb8df-ZjvF8Vt3CVp8ZjITmojmrcg/viewform>

There are also a few places available for children in KS2 to attend the IntoUniversity after-school club on Tuesdays. Please contact IntoUniversity directly for further details either by phone/email or by popping in to see them in person:

020 7820 9195

kennington@intouniversity.org

Safer Internet Day

Safer Internet Day 2022 is on **Tuesday 8th February**, with celebrations and learning around the theme 'All fun and games? Exploring respect and relationships online'. This Safer Internet Day we are focussing on the theme of respect and relationships in online gaming, celebrating young people's role in creating a safer internet and the ways they are shaping the interactive entertainment spaces they are a part of.

Safer Internet Day inspires a national conversation about using technology responsibly, respectfully, critically, and creatively. Coordinated in the UK by the UK Safer Internet Centre, the celebration sees thousands of organisations get involved to promote the safe, responsible and positive use of digital technology for children and young people.

Attached to this newsletter email is a pdf of some activities that you can do at home. You might also find the following resource of use:

https://beinternetlegends.withgoogle.com/en_uk/buildyourlegend/

Children's Mental Health Week

Monday 7th February to Friday 11th February is Children's Mental Health Week. In school the children will be completing several activities in their PSHE lessons linked to understanding and supporting their mental health and wellbeing. Look out for pictures in next week's newsletter!

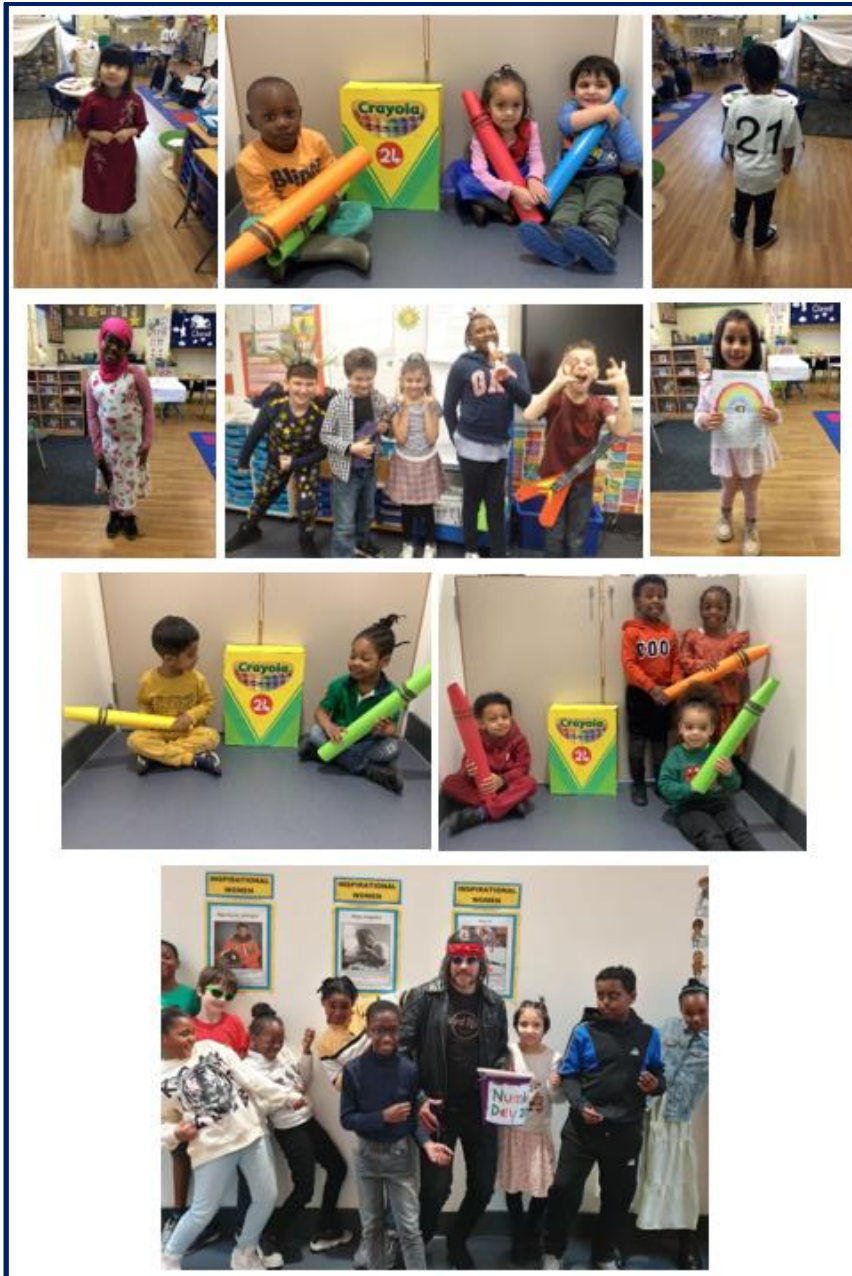
Chinese New Year - Nursery

On Tuesday, Nursery celebrated Chinese New Year. The children listened to the Chinese zodiac story, tasted Chinese food, made cards and performed a dragon dance.

NSPCC Number Day

Today we celebrated NSPCC Number Day with the children completing lots of Maths activities, KS2 children competing in the *Times Table Rockstars Battle of the Bands* and children dressing up as numbers or their favourite rockstar avatars! During our assembly today, the best dressed children across the school were awarded a certificate and maths pencil - keep rocking!





Boccia session

The children enjoyed a Boccia session with the team from *The PE and School Sports Network*. Boccia is a target sport played indoors with soft leather balls. It was a fun afternoon of intriguing tactics, incredible skill and nail-biting tension - the children were hooked! The sports coaches said they were so good that they think they could win a competition against other schools when one is potentially organised in the summer term.



Support for families 1 - Parent zone local

As it is Safer Internet Day on Tuesday 8th February, I thought I would reshare details of Parent zone local, a support service for families in the local area, offering resources, information and advice for everything related to digital family life. At the end of this newsletter there is a poster with further information and below is the website:

<https://www.pzlocal.org.uk/>

Support for families 2 - Now and Beyond webinar

For many parents and carers, the pandemic has brought up a challenging theme: how do you navigate your own mental health whilst looking after your child/ren's?

Now and Beyond are hosting a parenting post-pandemic webinar with Lorraine Candy and a panel of parents with expertise in mental health. You can get more information and sign up for free here:

www.nowandbeyond.org.uk/parenting-post-pandemic

Support for families 3 - Kings College children's oral health webinar

King's College Hospital is offering free oral health training for parents & carers. This informal session will provide parents and carers with evidence-based oral health message to support children's oral health and will be delivered by King's Oral Health Promotion Team.

This session we will cover:

- Tooth brushing
- Dental visits
- Hidden sugars in food and drinks.

Parents/carers will have the opportunity to ask questions throughout the session, which is aimed at all parents/carers with children aged 0 - 5 years in South London. Further information can be found using the link below:

<https://www.eventbrite.co.uk/e/looking-after-little-teeth-for-parents-carers-tickets-240098108907>

Word of the Week

This week's *Word of the Week* is **precarious**. Please discuss its meaning with your child/ren and encourage them to share what they have learned with their teachers in school to receive gems. Do they know the origin? Can they use the word correctly in a sentence? Can they identify and explain the meaning of alternative forms e.g., **precariously**? Can they identify any synonyms or antonyms?

Please find below previous words that we have used in school:

Previous words	euphoric, disclosed, premature, alleviate, gullible, bamboozle, elite, corrupt, vigour, penultimate, rebuff, contemplate, euphoria, malleable, temporarily, nausea, vulnerable, isolated, determined
-----------------------	--

I would like to wish you a lovely weekend!

Ray Capper
Head of School



You are invited to the IntoUniversity



Well-being Holiday FOCUS Day for Years 3 - 5

Wednesday 16th February 10am - 3pm

Dream catcher making, letter writing,
meditation and more!

**IntoUniversity Kennington,
Keyworth Primary School
Faunce Street
SE17 3TR**

If you would like your child to attend

SIGN UP HERE

or call **020 7820 9195**

Spaces are limited and criteria dependent

<https://docs.google.com/forms/d/e/1FAIpQLSdtdIP1rATXiAFSTwL1kxb8df-ZjvF8Vt3CVp8ZjITmojmrcg/viewform>



Family support for digital when you need it

Parent Zone Local can help you with
everything related to **digital family life**.

-  Live virtual events
-  Tech guides & games
-  Online parent courses
-  Local support and advice

Explore the [Parent Zone Local website](https://www.pzlocal.org.uk) today – and contact your local guide, who can help if you have a problem. Whatever your family needs around digital, Parent Zone Local is here for you.

VISIT [pzlocal.org.uk](https://www.pzlocal.org.uk)

parentzone LOCAL



CROYDON
www.croydon.gov.uk



<https://www.pzlocal.org.uk/>