

Keyworth Primary School Newsletter



Keyworth Primary School

Part of The Gem Federation

www.thegemfederation.co.uk

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Executive Headteacher: Sarah Beard

Head of School: Ray Capper

Friday 3rd May 2024

Term Dates 2023-2024

September 2023						
Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2023						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023						
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27	28	29	30			

December 2023						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
Mo	Tu	We	Th	Fr	Sa	Su
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
Mo	Tu	We	Th	Fr	Sa	Su
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024						
Mo	Tu	We	Th	Fr	Sa	Su
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
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24	25	26	27	28	29	30

July 2024						
Mo	Tu	We	Th	Fr	Sa	Su
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22	23	24	25	26	27	28
29	30	31				

August 2024						
Mo	Tu	We	Th	Fr	Sa	Su
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26	27	28	29	30	31	

School Holidays

INSET Days

Tutorial Day

Bank Holidays

Polling Day

Important dates for your diary

Event - Summer term 1	
15.04.24	INSET day
16.04.24	Children return
23.04.24	Nursery reading and moving workshop at 2:00pm
02.05.24	Polling day - school closed to children
03.05.24	Class photos
06.05.24	Bank holiday - school closed to children
13.05.24 - 16.05.24	KS2 SATs week
15.05.24	Reception eye tests
16.05.24	Southwark Council Coffee Afternoon - 3:15pm
24.05.24	Last day of the half-term

Celebrations

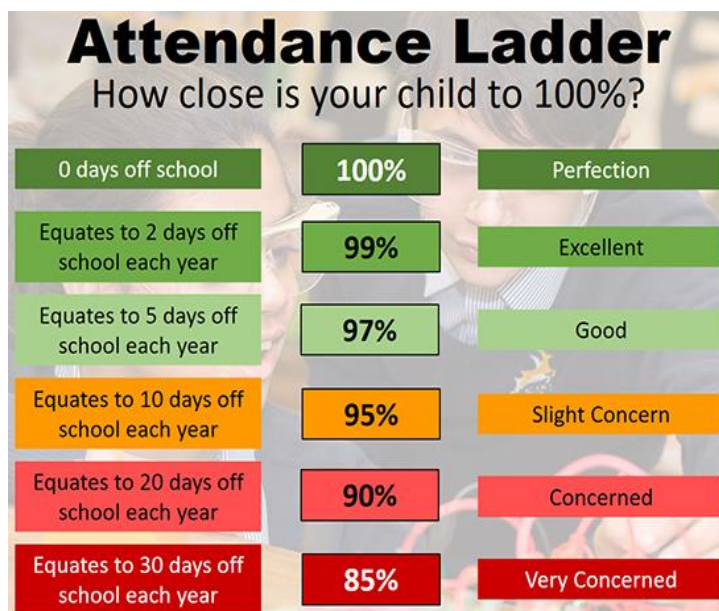
Class	Star of the Week	Writer of the Week	Mathematician of the Week	Reader of the Week	Presenter of the Week
RCJ	Anela	Logan	Marwan	Shiloh	
1AJ	Cleo	Michelle	Joshua	Jolade	Thomas
1HE	Zaheem	Olamilekan	Saint	Ionie	Emily
2PH	2PH	Ellie	Eden	Alana	Mohamed-Alie
2ER	2ER	Yasmina	Sonnie	Davena	Eliyeen

Class	Star of the Week	Writer of the Week	Mathematician of the Week	Presenter of the Week
3MR	Naila	Munira	Alayna	Abib
3GC	Yusra	Shuaib	Mohamed	Adam
4AB	Teddy	Izabella	Amy Alba	Amy Jane
4EB	4EB	Kaelan	Sana	Zarah
5BH	Kwame	Abdul	Francis	Stephanie
5AA	Zehra	Anas	Hawdyar	Kymani
6MV	Honyar	Jhesica	Brianna	Jawdan
6CS				

This week's gem winners are....	Rubies
This week's treasure chest winners are...	2ER 4EB

Attendance

Class	Attendance
RCJ	92.93
1AJ	96.09
1HE	97.66
2PH	93.14
2ER	90.48
3MR	94.27
3GC	95.83
4AB	91.45
4EB	98.68
5BH	90.51
5AA	89.05
6MV	96.00
6CS	94.23
Whole school	92.98
School average (year)	94.77%
National average (year)	93.1%
School target	96%



This week's attendance winners are **4EB**

Classes with the best attendance this term so far...

1st	2nd	3rd
4AB 95.61%	4EB 95.38%	1HE 94.77%

Latest News

Bank Holiday

As a reminder, **Monday 6th May is a Bank Holiday**, meaning the school will be closed. We will welcome everyone back on **Tuesday 7th May**. Enjoy your extended weekend!

KS2 SATs

Children in year 6 complete their KS2 SATs during the week of **Monday 13th May**. For your reference, the timetable is below:

Date	Test
Monday 13 th May 2024	Grammar and Punctuation test - 45 minutes Spelling test - 20 minutes
Tuesday 14 th May 2024	English reading test - 60 minutes
Wednesday 15 th May 2024	Mathematics Arithmetic (Paper 1) - 30 minutes Mathematics Reasoning (Paper 2) - 40 minutes
Thursday 16 th May 2024	Mathematics Reasoning (Paper 3) - 40 minutes

- Children will need to be in school every day and on time. SATs will take place first thing each day - I would suggest children arrive to school when the gates open in the morning (8:45am) or that they attend Breakfast Club.
- Please ensure your child goes to bed early every night and eat a good breakfast each morning.
- When completed, SATs are marked externally with results being sent to Keyworth in July.
- Class teachers will also separately submit a grade for the work that the children have completed in class this year.

Next week, Carolina and Melissa will be conducting some final revision sessions and providing information about the SATs to the children, so please ensure that your child is in school every day.

The children have been working extremely hard all year and I want them to know that their best is enough.

At the end of this newsletter you will find some mindfulness strategies as well as SATs scenarios sentence starters to share with your child, as appropriate.

SEND Q&A

Should you have any questions related to SEND, please refer to our website:

[SEND Q&A](#)

If you have a question that is not answered in this section of the website, please email the school office with your question for the attention of Lori.

Safeguarding - Ofcom data reveals 1 in 3 children aged 5 -7 use social media **unsupervised**

The latest research from Ofcom has revealed the current online landscape of children and young people using technology. The data focusses around how children communicate online, how they use online spaces for entertainment, and how they are currently educated around staying safe online, with interesting insights into parental involvement as well.

[Find out more](#) in the UK Safer Internet Centre blog.

School Superzones - Keyworth Coffee Afternoon
Thursday 16th May 2024
15:15 - 16:00

Dear Parents/Carers,

Keyworth Primary School is part of a **School Superzone**, which is a project where actions are taken to protect children's health and promote healthier behaviours around a school.



As part of this, Southwark Council would like to find out more from parents and children about the local area and environment, particularly on the following topics:

- Road Safety
- Active Travel
- Parks and Open Spaces
- Local Food Premises
- Community Safety
- Air Quality
- Damp and Mould.
-

We would like to invite you to a coffee afternoon to hear from you about your thoughts on the above, and listen to your suggestions.

This will take place on **Thursday 16th May at 3:15pm - 4:00pm** in the school.

For any questions, feel free to contact sam.bodmer@southwark.gov.uk.

Kind regards,
Sam Bodmer
Public Health Policy Officer
Southwark Council

Year 4 perform at the Southwark Music Ukulele Festival

Year 4 had a fantastic time performing at the Southwark Music Ukulele Festival. Thank you to all of the parents/carers who were in the audience to cheer them on!



Year 2 visit Kew Gardens

On Tuesday, the year 2s went on a trip to Kew Gardens to support their learning around this term's science unit, Plants! They saw a variety of interesting plants and flowers in the humid greenhouses, ran and played in the open fields, and enjoyed magical views of the gardens from the tree canopies on the Treetop Walkway. All of the children had a fantastic day!





Keyworth Science Week

This week for Science Week the children were provided with a selection of materials to create a structure that would protect an egg when dropped from a height. The children had to think about how they could maximise air resistance to slow the fall and what materials would best protect the egg.







AutismSupportTeam@Southwark.gov.uk

AUTISM PUBERTY, SEXUAL WELLBEING AND RELATIONSHIPS

For parents of a child on the autistic spectrum, coping with the onset of puberty and their child's emerging sexuality can be challenging. Knowing what to teach, how/when to teach it and what to expect can be daunting.

This session has a different delivery style to the Cygnet core programme. Because of the nature of the subject matter it was felt that a far more activity-based approach would put parents at ease more quickly and therefore enhance learning and mutual support.

- This is a course for parents – your children do not need to attend
- It is available to parents with children over the age of 9
- It is run face to face 10.00-4.00pm at 160 Tooley St, London, SE1P 5LX

The course will run on the following dates

18/12/23

15/02/24

17/05/24

10/07/24

15/08/24

Book your place [here](#)

[Puberty, sexual relationships and wellbeing](#)

Support for families 2 - Camberwell Food Festival

Enjoy a feast of flavours at Camberwell Green (SE5 7AA) with stalls from amazing local cafés and restaurants. There'll be cooking demos, tastings, delicious dishes, food walks, live music, a farmer's market and more. **10:00am to 6:00pm, Saturday 18th May.**

Word of the Week

This week's *Word of the Week* is **existence**. Please discuss its meaning with your child/ren and encourage them to share what they have learned with their teachers in school to receive gems. Do they know the origin? Can they use the word correctly in a sentence? Can they identify and explain the meaning of alternative forms e.g. **exist/existing**. Can they identify any synonyms or antonyms?

Please find below previous words that we have used in school:

Previous words	defensible, corresponded, exaggerated, recommended, determined, hinder, accommodated, controversy, sacrifice, persuade, awkward, thorough, convenient, suggested, harassed, relevant, definite, category, curious, occurrence, conscious, familiar, mischief, apparent, identity, profession
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I would like to wish you and your family a wonderful weekend!

Ray Capper
Head of School

SATs mindfulness strategies

SATs Mindfulness Brain Breaks

Brain breaks are short breaks that you can take from working hard or studying. They will help you to concentrate better, reduce your stress, make you feel more energised and in control of your own emotions.

They may only take a few minutes but they can have a positive effect on how you are feeling and how productive you are.

You need to take a brain break before you get to the point where you are very tired or become distracted already.

Some brain breaks will work better for you than others so it is important to try them out and see which ones work best for you.

The cards included in the pack have some ideas for you to try.

SATs Mindfulness Brain Breaks

Mindful Walking

- This may take as long as you wish from ten minutes onwards.
- Make your senses as strong as you can.
- Think about what you can hear, see, smell and touch.
- As you walk, think about what you can hear.
- What can you see?
- What can you smell?
- What can you touch?
- How does it feel when you touch it?
- Can you describe it in three words?
- Notice what the sky looks like.
- What is the weather like?
- What does the weather feel like?
- What noise is the weather making?
- Are there any creatures?
- Are there any birds?
- How are the creatures or birds moving?
- Do they make a sound?
- What colours are they?

SATs Mindfulness Brain Breaks

Breathing Colours

- This will take five to ten minutes and is similar to mindful breathing.
- Start by choosing a colour that makes you feel calm and relaxed.
- Then, think of a colour that makes you think of anger, sadness or frustration.
- Imagine you are breathing in the relaxing colour.
- Feel it going into your nose and mouth and filling your lungs.
- As you breathe out, think about the colour that makes you feel stressed leaving your body through your lungs and your nose.
- Picture breathing it out and letting it drift away from your body.
- Imagine that the air is now the colour of relaxation and every time you breathe out, the stressful colour mixes with it.
- See the colours mixing together and the stressful colour disappearing into it.
- Keep breathing in the happy and calm colour and breathing out the stressful colour.

SATs Mindfulness Brain Breaks

Body Scan

- A body scan can take about ten minutes.
- It can help you to relax and feel more content.
- You can lay down for this exercise.
- Make yourself comfortable and then close your eyes.
- Think about your toes and your feet for a few seconds.
- Think about how they move, how they feel and whether they are warm or cold.
- Are they relaxed?
- Are they comfortable?
- Move onto your calves and think about your knees, your thighs, up to your stomach, your chest and then your arms.
- Think about your fingers, your wrists and then your back, neck, face and head.
- For each body part, think about all the questions and then move on when they are answered.
- If any part of the body feels tight or stressed, try to relax and let the stress out of your body.
- When you have finished thinking about every part of your body, slowly open your eyes and enjoy the feeling of being relaxed and calm.

SATs Mindfulness Brain Breaks

Mindful Eating

- Often, we eat when we are distracted. We might eat when we are talking to others or when we are watching TV or playing a game.
- Taking the time to think about how we eat and what it feels like can help you relax.
- It will only take five to ten minutes.
- Find something small to eat. It could be a piece of fruit, vegetable or chocolate. Check with an adult about any allergies you might have first.
- To start, take three deep breaths, breathing in and out slowly.
- Think about how the food feels in your hand and then start to take small bites of the food.
- What does the food taste like?
- What does the food feel like in your mouth?
- Is the food warm or cold?
- Is it smooth, crunchy, chewy, bitter or sweet?
- Try taking a smaller or bigger bite of the food.
- How does this change the texture, the feel in your mouth or the taste?
- Think about how your body eats the food and how it makes you feel.

SATs Mindfulness Brain Breaks

Practise Being Grateful

- This is a lovely opportunity to think about gratitude.
- For five to ten minutes every day, write down what you are grateful for.
- You can keep all the ideas together in a little scrapbook or keepsake box.
- Think about what you are grateful for. Some ideas to help you get started are:
- a skill or talent that you have
- a person that you love or admire
- someone you are inspired by
- an object or item that you love and enjoy
- friends and family
- something that someone said to you
- something that made you laugh

SATs Mindfulness Brain Breaks

Self-Reflection

- Take five to ten minutes to think about what you have learnt today.
- Think about what new skills you have learnt or developed.
- Think about what you have learnt from other people.
- Think about what you have learnt about yourself today.
- Think about how you can use that learning tomorrow and the day after that.

SATs Mindfulness Brain Breaks

Mindful Breathing

- This may take about five minutes to do.
- You can either sit or stand.
- It is important to be comfortable.
- Put both of your hands on your stomach.
- Close your eyes and take three slow deep breaths in and out.
- Think about how your hands move as you breathe.
- Think about how the breaths make your body move.
- Can you feel the air filling your lungs?
- Can you feel the air travelling up and down your nose?
- Can you hear yourself breathing?

SATs scenarios discussion starters

SATs Scenarios



Arfa is stuck on a maths question. The more she reads it, the more confused she feels. She starts to feel anxious and upset. What should she do?

SATs Scenarios



Ricky's pencil breaks during his writing test. The class has been told they shouldn't talk or distract anyone else. Ricky starts to feel worried. What should he do?

SATs Scenarios



Zofia is trying her best in her reading test. Her friend starts to wave to her and then keeps tapping Zofia under the table. This is distracting Zofia and stopping her from being able to focus on the activity. What should she do?

SATs Scenarios



Farid is doing his spelling test. His friend is finding it really hard and so starts to copy Farid's answers. What should Farid do? What should his friend do?

SATs Scenarios



Amelia has nearly finished her answer booklet. She really needs the toilet. The class has been told they shouldn't talk or distract anyone else and should make the most of all the time they have to complete the test. What should she do?

SATs Scenarios



Theodore is finding the test really challenging. It is making him feel really uncomfortable inside. He starts to feel frustrated and angry and he wants to cry. What should he do?

SATs Scenarios



Anichka can't remember the instructions for the test they are doing. She can see everyone writing things down. She starts to panic. What should she do?

SATs Scenarios



Abdalla has finished all of his maths questions before everyone else. There is lots of working time left. What should he do?

SATs Scenarios



Rosie is finding school being different from normal hard. She likes things to be as they always are. How she is feeling inside is making it really hard to concentrate. What should she do?

SATs Scenarios



Santiago has a headache and feels a little dizzy and sick. His hands feel sweaty too and it is hard to hold his pencil. What should he do?

SATs Scenarios



Izzy went to bed really late last night and is feeling very tired. This is making it hard to concentrate. What should she do?

SATs Scenarios



Jimi didn't have any breakfast; just some sweets on the way to school. He feels very hungry and tired. This is making it hard to concentrate. What should he do?