



Parent Consultation Service

Southwark Educational Psychology Service
Dynamic Psychology – For Better Futures

Why consultation?

Consultation may be helpful when people want to think about changing difficult situations.

The Parent Consultation Service offers parents and carers an opportunity to request consultation about the concerns they have about their children at home, for example:

- A parent is concerned about their child's emotional well-being.
- A child behaves well in school or nursery, but is difficult to manage at home.
- A child is having difficulty managing their feelings.
- A child is unhappy at a time of change or loss.
- A young person is getting into trouble outside of school.

What is involved in consultation?

In consultation, we talk together about a range of ideas and different possibilities for action to ease concerns.

Consultation is a non-judgemental approach.

Each appointment lasts about an hour, and follow-up meetings can be agreed.

Will my information be shared?

This is a confidential service for parents and carers, and information will not be shared more broadly except in line with safeguarding guidelines which all professionals are obliged to follow.

Who is providing this service?

Consultation for parents and carers will be provided by members of Southwark's Educational Psychology Service.

Is this the right service?

If you are wondering whether this is the right service for you, please email the address below to ask for a discussion.

Where does the consultation take place?

Appointments will be offered at a convenient location for parents or carers.

How do I make an appointment?

Please email and leave your name and number:

SEN-EducationalPsychologist&EHO@southwark.gov.uk