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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 3** | **1st Session** | Multi Skills | Invasion Games – Passing and moving with hands | Invasion Games - football | Striking and fielding | Net games | Athletics |
| **2nd Session**  | Gymnastics & Dance | Swimming |
| **Year 4** | **1st Session** | Multi Skills | Invasion games – End Ball | Invasion gamesFootball | Striking and fielding  | Net games | Athletics |
| **2nd Session**  | Gymnastics & Dance | OAA |
| **Year 5** | **1st Session** | Invasion gamesAttack vs. defence |  Invasion gamesHockey | Invasion gamesBasketball | Net & Wall(Tennis) | Striking and Fielding(Rounders) | Athletics |
| **2nd Session**  | Gymnastics & Dance | OAA |
| **Year 6** | **1st Session** | Invasion gamesAttack vs. defence | Invasion gamesFootball 5v5 | Invasion gamesTag Rugby | Net & Wall(Tennis) | Striking & Fielding | Athletics |
| **2nd Session**  | Gymnastics & Dance | OAA |