		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi Ability Focus		Personal Skills	Social Skills	Cognitive Skills	Creative Skills	Physical Skills	Health and Fitness
Year 3	Outside Session	Multi Skills	Invasion games Dribbling and passing with feet	Passing and moving with hands	Net games Throwing and hitting a ball with your hands or a racket	Athletics	Striking and fielding (non-LPESSN)
	Inside Session	<i>G</i> ymnastics		Dance		OAA	
Year 4	Outside Session	Multi Skills	Invasion games Football	Invasion games end ball	Net and wall (non- LPESSN)	Athletics	Striking and fielding-striking games batting and Bowling
	Inside Session	<i>G</i> ymnastics		Dance		OAA	
Year 5	Outside Session	Invasion games Attack vs. defence	Invasion games Footbal 5v5	Invasion games Basketball	Net & Wall (Tennis)	Athletics	Striking and Fielding (Rounders)
	Inside Session	<i>G</i> ymnastics		<u>Dance</u>		OAA	
Year 6	Outside Session	Invasion games Attack vs. defence	Invasion games Footbal 5v5	Invasion games Tag Rugby	Net & Wall (Tennis)	Athletics	Striking and Fielding (Cricket)
	Inside Session	<i>G</i> ymnastics		Dance		OAA	

^{*}Swimming to take part over a 2 week period in the summer term