



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi Ability Focus		Personal Skills	Social Skills	Cognitive Skills	Creative Skills	Physical Skills	Health and Fitness
Nursery	Outside Session	Multi Skills		Manipulation Invasion games target throwing	Manipulation Invasion games throwing and catching	Athletics	Ball games Invasion games kicking with feet
	Inside Session	Gymnastics		Dance (non PESSN)		Jasmine	
Reception	Outside Session	Multi Skills		Manipulation Invasion games target throwing	Manipulation Invasion games throwing and catching	Athletics	Ball games Invasion games kicking with feet
	Inside Session	Gymnastics		Dance (non PESSN)		Jasmine	
Year 1	Outside Session	Multi skills		Manipulation Invasion games throwing towards a target	Manipulation Invasion games sending and receiving	Athletics	Manipulation Net games using a racket
	Inside Session	Gymnastics		Dance (non PESSN)		Problem solving	
Year 2	Outside Session	Multi skills		Manipulation Attack vs. defence	Ball games Dribbling and passing with feet	Athletics	Manipulation Net games using hands and tennis rackets
	Inside Session	Gymnastics		Dance (non-PESSN)		Problem solving	

*Swimming to take part over a 2 week period in the summer term