


WEEK 1

WEEK COMMENCING: 18 - APR / 09 - MAY / 30 - MAY / 20 - JUN / 11 - JUL / 05 - SEP / 26 - SEP / 17 - OCT

MONDAY

Quorn Sausage with
Mashed Potato & GravyJacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Chicken Sausages with
Mashed Potato & Gravy Sweetcorn & Broccoli Seasonal Fresh Fruit  & Yoghurt


TUESDAY

Macaroni Cheese Jacket Potato with Veggie  BologneseLamb Jaloff Peas & Cauliflower Yoghurt Bar 

WEDNESDAY

Jacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Roasted Soya Strips 
Roast Potatoes & GravyRoast Chicken 
with Roast Potatoes & GravyCarrots & Green Beans Fresh Fruit Salad 

THURSDAY

Cheese & Tomato 
Penne PastaJacket Potato with Ratatouille Margherita Pizza Vegetable Medley & Sweetcorn Cheese & Crackers 

FRIDAY

Cheese & Broccoli Quiche 
with ChipsJacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Fish Fingers with Chips Peas & Baked Beans Seasonal Fresh Fruit  & Yoghurt

KEY




Vegetarian

Plant Based
Vegan FriendlyHalal Option
AvailableSustainably
Caught Fish

WEEK 2

WEEK COMMENCING: 25 - APR / 16 - MAY / 06 - JUN / 27 - JUN / 18 - JUL / 14 - SEP / 05 - OCT


MONDAY

Quorn Burger in a Bun Jacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Beef Meatballs in Tomato Sauce  with Penne PastaCarrots & Vegetable Medley Seasonal Fresh Fruit  & Yoghurt


TUESDAY

Sweet Potato & Pepper Frittata 
with Jacket WedgesJacket Potato with Ratatouille Chicken Biryani Sweetcorn & Broccoli Yoghurt Bar 


WEDNESDAY

Vegetable & Sweet Potato Bake 
with GravyJacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Roast Turkey with 
Roast Potatoes & GravyPeas & Roasted Root
Vegetables Fresh Fruit Salad 

THURSDAY

Three Bean Casserole with Rice Jacket Potato with Vegetable 
& Chickpea BaltiMargherita Pizza Sweetcorn & Green Beans Cheese & Crackers 


FRIDAY

Tomato & Basil Puff 
with ChipsJacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Battered Fish with Chips Peas & Baked Beans Seasonal Fresh Fruit  & Yoghurt






WEEK 3

WEEK COMMENCING: 02 - MAY / 23 - MAY / 13 - JUN / 04 - JUL / 21 - SEP / 12 - OCT


MONDAY

Quorn Sausage & Bean Casserole 
with Garlic & Paprika WedgesJacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Chicken Curry & Rice Carrots & Green Beans Seasonal Fresh Fruit  & Yoghurt

TUESDAY

Jacket Potato with Barbecue 
Baked BeansCheese & Bean Fajita Beef Pasta Bolognese Peas & Roasted Mediterranean
Vegetables Yoghurt Bar 


WEDNESDAY

Honey & Ginger Soya Strips 
with NoodlesJacket Potato & Cheese , Baked Beans ,
Coleslaw , Tuna Mayo Roast Chicken 
with Roast Potatoes & GravyCarrots & Green Cabbage Fresh Fruit Salad 

THURSDAY

Quorn Penne Pasta Bolognese Jacket Potato 
with Cheesy ColeslawMargherita Pizza Sweetcorn & Broccoli Cheese & Crackers 

FRIDAY

Cheese & Tomato Whirl 
with ChipsJacket Potato & Cheese , Baked Beans ,
Coleslaw , Salmon Mayo Fish Fingers with Chips Peas & Baked Beans Seasonal Fresh Fruit  & Yoghurt

COMING
SOON



Look out for our new app,
designed to make ordering
and paying for meals
even easier!

Click here for meal ordering
and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED
SATURATED FAT
BY 8%
PER PORTION



WE'VE ADDED
LENTILS & BEANS
WHICH CONTRIBUTE
TOWARDS PUPILS'
5-A-DAY



WE'VE INCREASED
FIBRE BY ABOUT
60%
PER PORTION

Our nutritionists talk
about the benefits of
the new recipes!



We've reduced our CO₂
emissions by an average of
420g per meal
with these new recipes!

That's the equivalent of
driving a medium sized
petrol car for almost a mile.

WHY NOT TRY ONE OF OUR RECIPES AT HOME?

Spaghetti Bolognese is a family favourite, our take on this classic will prove just as popular but is better for you & the planet!



CONTACT US:



Payments and Meal Ordering



Nutrition Guidance

FOLLOW US:



@ISS_Education



CLICK HERE
TO VISIT OUR
WEBSITE

MADE FROM GREAT INGREDIENTS,
BY AWESOME PEOPLE!

Our meals are balanced and
made from ingredients which
are sustainably sourced and better
for animal welfare.



OVER 80% OF OUR DISHES ARE
FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE
FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local
and UK suppliers wherever possible
- a fact we love to show off through our
partnership with Love British Food.

Terrific VALUE

...AND ABSOLUTELY FREE
FOR MANY, INCLUDING
EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade
two course meals made from
great ingredients at such a
good price.



Sophie Crosswaite, Nutritionist, shares her
thoughts on the value of school lunches



CLICK HERE TO FIND OUT
HOW MUCH YOU CAN SAVE