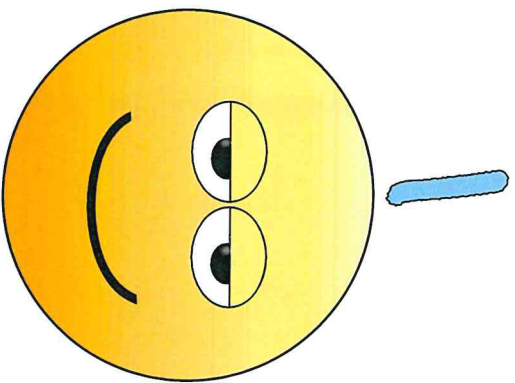
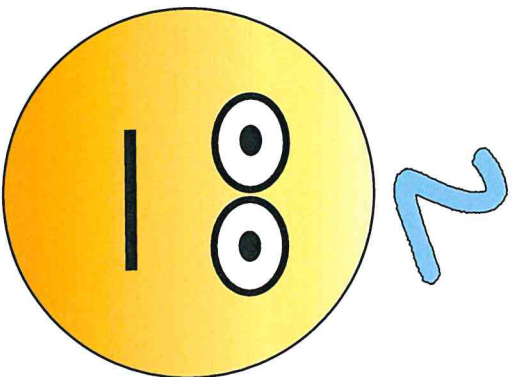


Where are you on the scale?

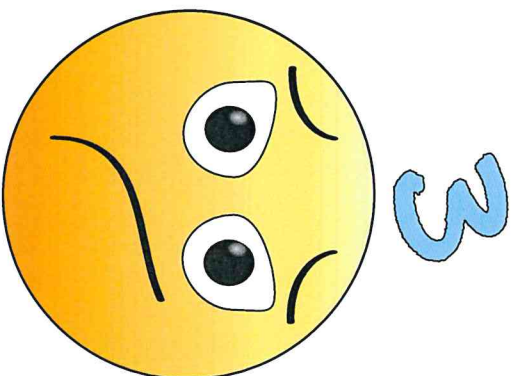
Control the
anger. Don't
let the anger
control you!



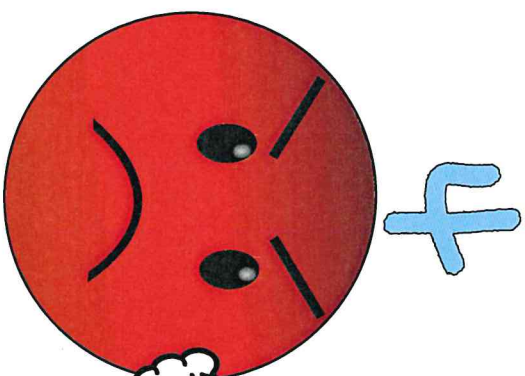
CALM



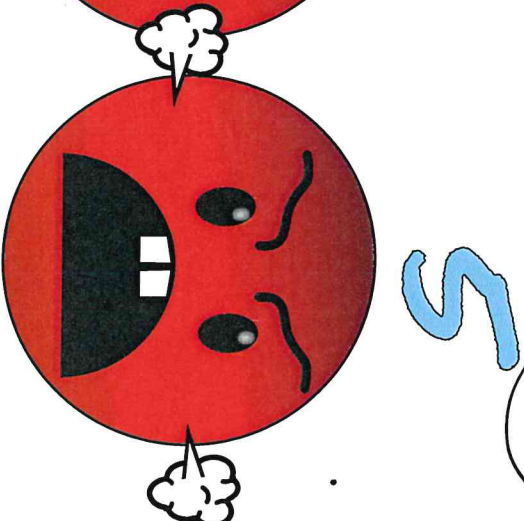
OK



ANNOYED



ANGRY



FURIOUS

Use your calming strategies...