



## PSHE

### Intent

At Bessemer Primary School, we deliver a diverse PSHE curriculum to ensure we develop confident, **progressive** and **ambitious** members of our **community**. Through our **creative** PSHE curriculum, we offer carefully planned and resourced lessons whereby the children will develop knowledge, skills and attributes that are integral in protecting and enhancing their wellbeing. By delivering high quality lessons, we promote progression across the core PSHE themes: Health & Wellbeing, Living in the Wider World and Relationships. By equipping our children with a range of relevant and meaningful skills, they will develop into **self-aware** and **respectful** individuals who have a strong understanding of the world around them.

### Implementation

At Bessemer, we strive to provide our children with learning opportunities across and beyond the curriculum through weekly lessons, regular class discussions, whole school assemblies and raising awareness of key PSHE events throughout the year. We implement this by:

- We follow the Southwark PSHE and Wellbeing Curriculum Framework for Primary Schools which fulfils the Statutory obligations of supporting children's wellbeing and the principles of safeguarding.
- Each term our learning is grouped into three core themes: Health & Wellbeing, Living in the Wider World and Relationships. The content builds year upon year in a spiral approach.
- Our lessons are taught using a multi-sensory approach to meet the needs of all learners, and through differentiation, scaffolding and recapping prior knowledge, we ensure all lessons are relevant and meaningful regardless of their stage of development.
- High quality lessons are taught by trained teachers with on-going CPD opportunities to deliver the latest pedagogy.
- Our curriculum links closely to the teaching of British Values.

- By using the Lifting Limits scheme of learning, this whole school approach integrates gender equality into our school curriculum, ethos and routines which equips pupils to recognise, discuss and challenge stereotypes and inequalities.
- Alongside the Southwark PSHE and Wellbeing Framework, the Christopher Winter Project is embedded within our curriculum to ensure that we teach RSE with confidence and inline with the Statutory guidance for Relationship Education.
- Through life skills sessions, links with the local communities and fundraising events, we provide enrichment opportunities to contextualise learning. During these campaigns, children are challenged and nurtured through various themes which support their deeper understanding of the wider world.

### **Impact**

By the end of their journey at Bessemer Primary School, all children are enabled to develop their vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect. Our children will:

- Have developed the understanding, skills and confidence to navigate themselves through modern life.
- Know how to keep themselves healthy and positive, how to thrive as individuals and manage their lives now and in the future.
- Have the mindset and determination to aspire and fulfil their dreams without any barriers imposed.
- Be aware of ways to keep physically, mentally and emotionally safe.
- Have the tools necessary to prepare themselves for life and work in society so they can achieve their full potential.
- Be able to engage in a productive discussion whilst listening and respecting all opinions as well as formulating one for themselves.
- Develop feelings of self-respect, confidence and empathy within the RSE Framework.