

Long Term Planning

Keyworth Primary 2025/26



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fine Motor skills	Yoga	Locomotion 1	Gymnastics - Travelling, Stopping, and Making Shapes	Dance - Copy and Explore	Target Games 1
	+	+	+	+	+	+
Reception	Fine Motor skills	Target Games 1	Gymnastics - Flight - Bouncing, Jumping & Landing	Object Control 1	Dance - Copy and Explore	Athletics 1
	+	+	+	+	+	+
Year One	Net & Wall Game Skills 1	Gymnastic Year 1	Invasion Game Skills 1	Target Games 2	Dance - Animals	Athletics 2
	Fundamental Movement Skills 1	Fundamental Movement Skills 2	Object Control 2	Yoga Storybook	Tri Golf	Striking & Fielding Game Skills 1
Year Two	Gymnastics Year 2	Dance - Fire of London	Target Games 2	Tri Golf	Striking & Field Game Skills 2	Invasion Game Skills 2
	Fundamental Movement Skills 2	Fundamental Movement Skills 3	Net & Wall Game Skills 2	Target Games 3	Athletics 2	Dance - Under the Sea

Year Three

Football	Gymnastics Year 3	Tag Rugby	Dance - Egyptians	Cricket	Tennis
Hockey	Handball	Basketball	Athletics 3	Swimming	Swimming

Year Four

Gymnastics Year 4	Dodgeball	Dance - Romans	Football	Tennis	Athletics 4
Netball	Hockey	Swimming	Swimming	Rounders	Cricket

Year Five

Dodgeball	Gymnastics Year 5	Handball	Invasion Game Skills 4	Athletics 5	Rounders
Swimming	Swimming	Tag Rugby	Football	Dance - The Haka	Team Building and Problem Solving

Year Six

Basketball	Netball	Gymnastics Year 6	Team Building and Problem Solving	Athletics 6	Cricket
Football	Hockey	Tag Rugby	Dance - Dance through the ages	Rounders	Tennis